

Scarborough Community Diabetes Program

GROUP SCHEDULE

March 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pre Diabetes (Malvern) 0930-1230 Healthy Feet (the HUB) 0930-1200	2 Diabetes-part 3 (Estorada) 1330-1600 Pre Diabetes-part 1 (West Hill evening) 1730-1900	3 Diabetes-part 1 (Kennedy) 0930-1200	4 Diabetes- 4 month Chinese (Kennedy) 0930-1200	5
8 Healthy Feet (Malvern) 0930-1200	9 Pre Diabetes (Estorada) 1300-1600 Pre Diabetes –part 2 (WestHill evening) 1730-1900	10 Healthy Heart for life (Malvern) 1300-1530 Diabetes-part 2 (Kennedy) 0930-1200	11 Diabetes-part 1 (Estorada) 1330-1600 Diabetes-part 1 Tamil (the HUB) 0930-1200 Diabetes-part1 Chinese (Kennedy) 0930-1200	12
15 Diabetes-part1 (Malvern) 0930-1200 Healthy Heart for Life (the HUB) 0930-1200	16 Diabetes-part 1 (Estorada) 1330-1600 Diabetes-part 1 (West Hill evening) 1730-1900 Diabetes-part 1 Tamil (Malvern) 1300-1600	17 Diabetes-part 1 (Malvern) 1300-1530 Diabetes-part 3 (Kennedy) 0930-1200	18 Diabetes-part 2 (Estorada) 1330-1600 Diabetes-part2 Chinese (Kennedy) 0930-1200 Diabetes-part 1 Tamil (the HUB) 0930-1200	19
22 Diabetes-part 2 (Malvern) 0930-1200	23 Diabetes-part 2 (Estorada) 1330-1600 Diabetes-part 2 (West Hill evening) 1730-1915 Diabetes-part 2 Tamil (Malvern) 1300-1600	24 Diabetes-part 2 (Malvern) 1300-1530 Pre Diabetes (Kennedy) 0900-1200 Diabetes-part 1 (the HUB) 0930-1200	25 Diabetes-part 3 (Estorada) 1330-1600	26
29 Diabetes-part3 (Malvern) 0930-1200 Pre Diabetes (the HUB) 0930-1230	30 Diabetes-part 3 (Estorada) 1330-1600 Diabetes- part 3 (West Hill evening) 1730-1915	31 Diabetes-part 3 (Malvern) 1300-1530 Diabetes-part 2 (the HUB) 0930-1200		

Estorada: 228 Galloway Rd, Recreation room

WestHill: 3545 Kingston Rd, Health Promotion room

Kennedy: 4002 Sheppard Ave E. # 401

The Hub: 2660 Eglinton Ave East, Diabetes Education room

Malvern: 1333 Neilson Rd, # 320